

Please provide Feedback

## Instructions

Go to

[www.menti.com](http://www.menti.com)

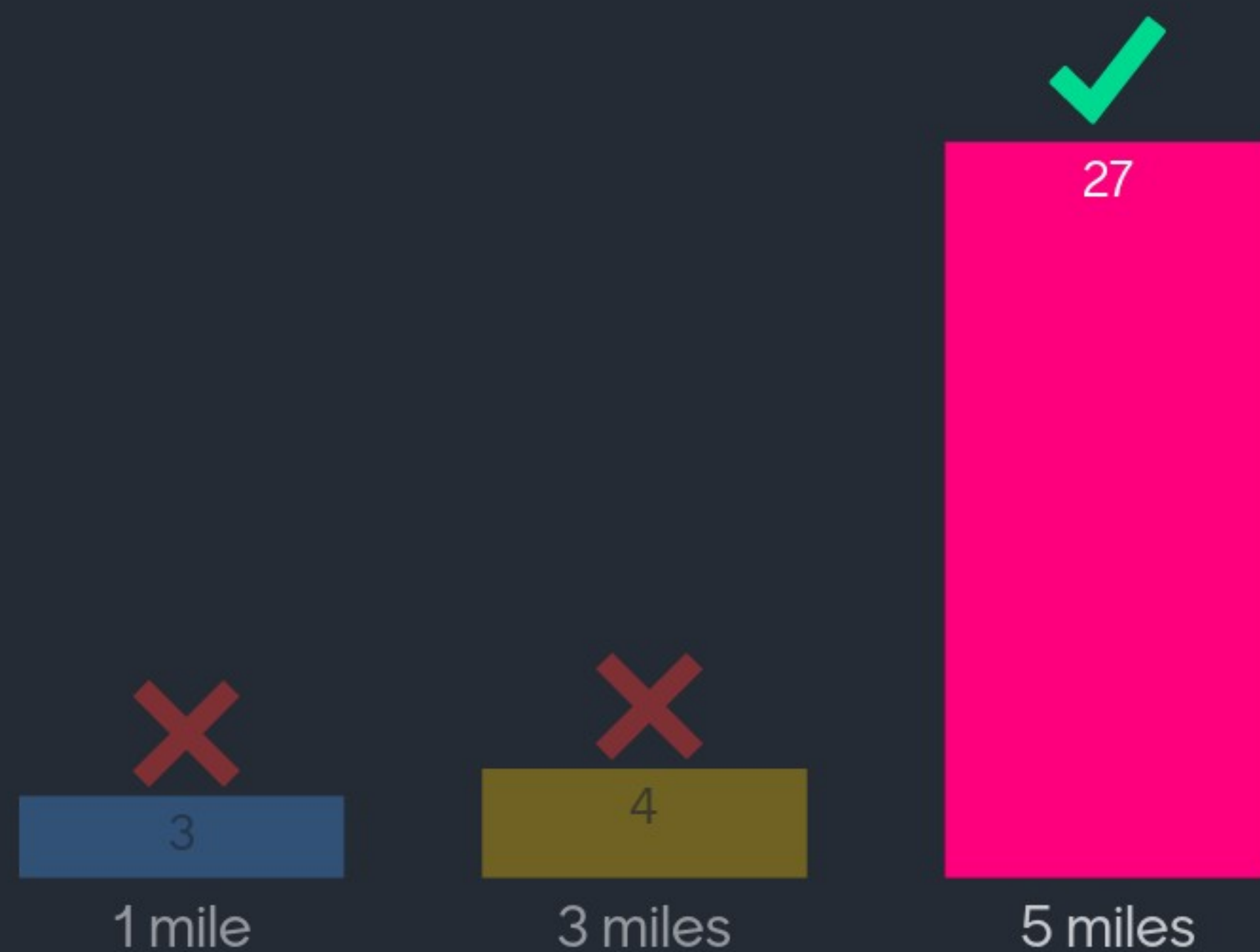
Enter the code

5460 2498



Or use QR code

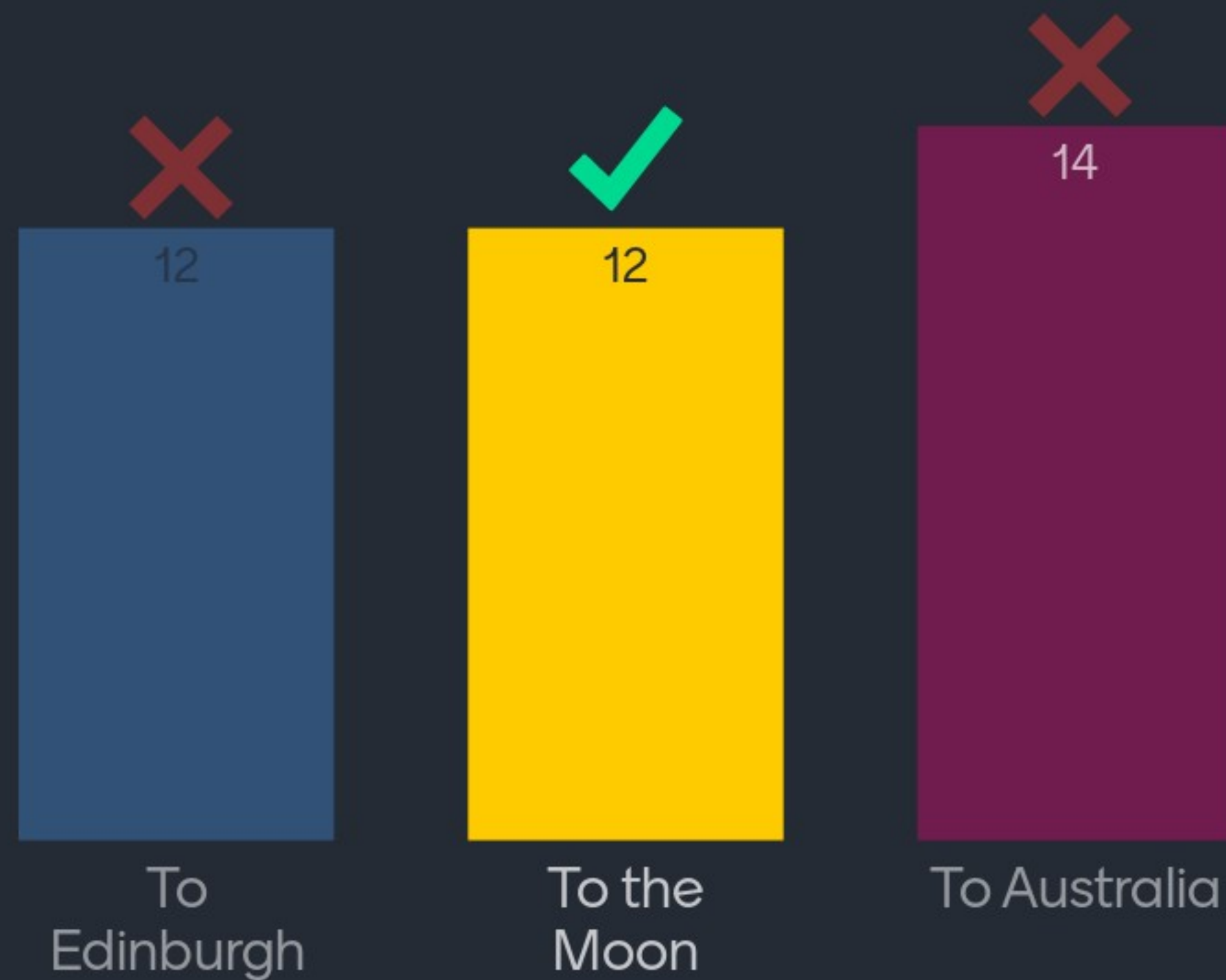
# How far do you think a bee can fly from its hive to get food?



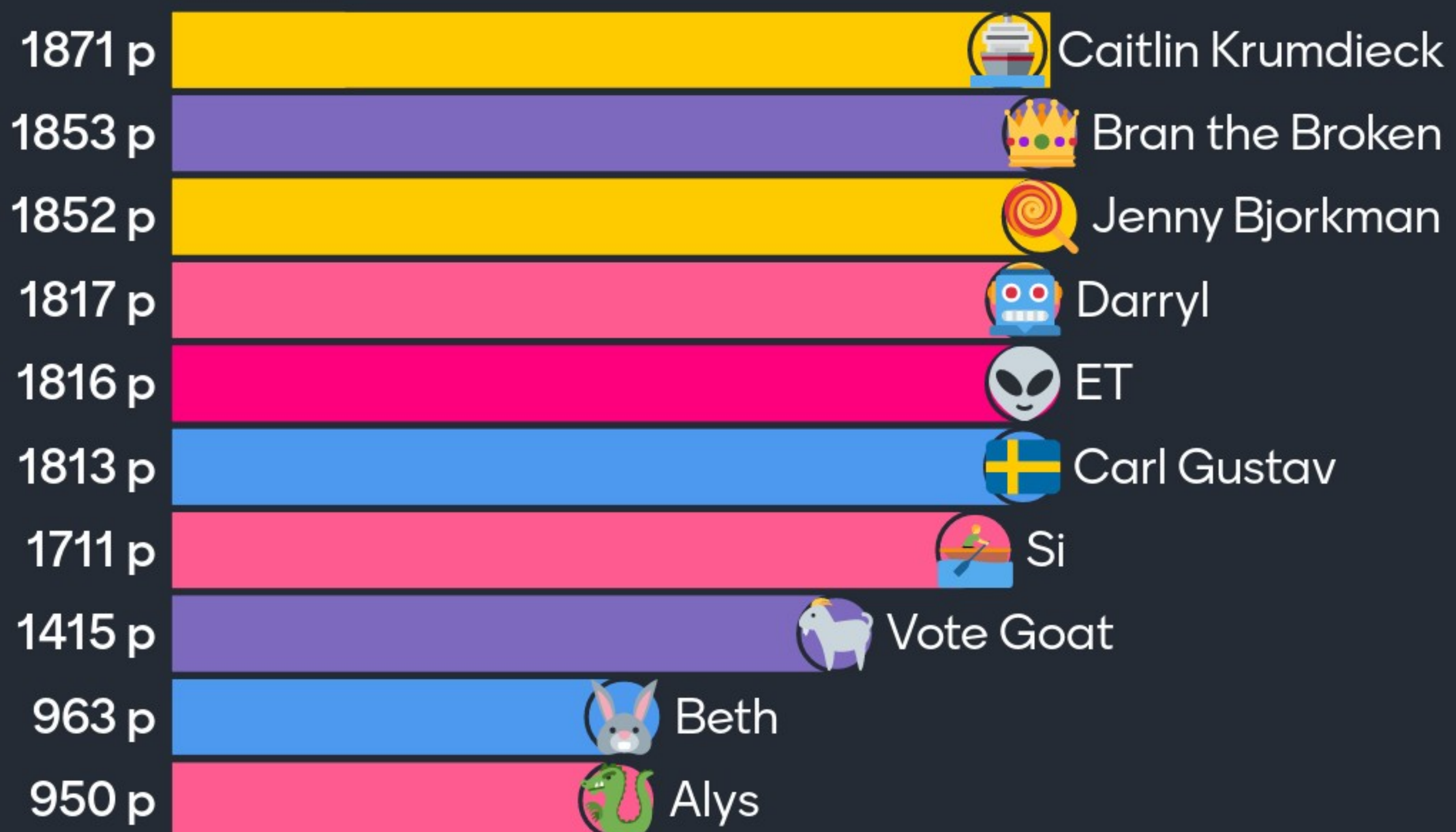
# Quiz leaderboard



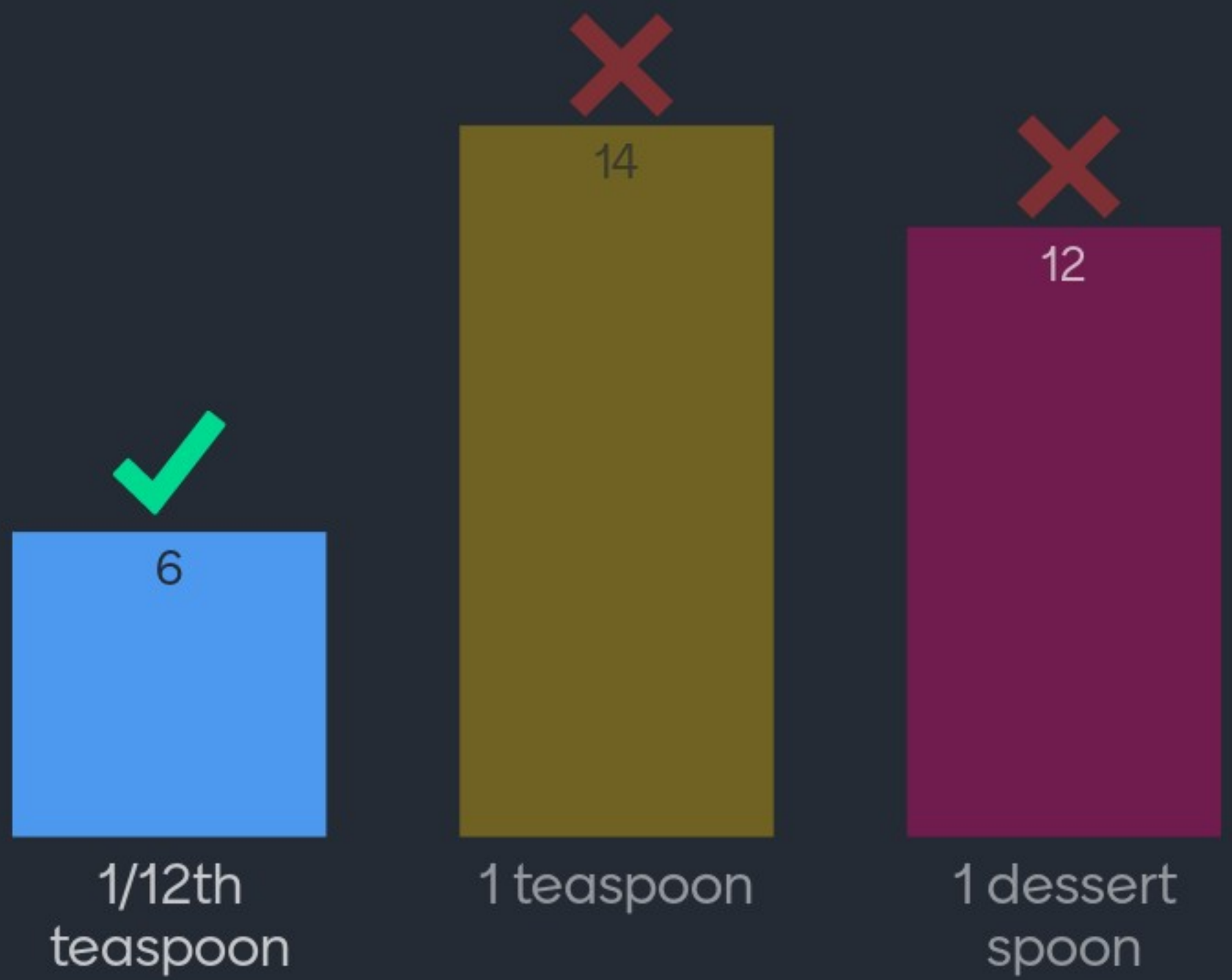
# How far does a colony of bees fly over the course of a day



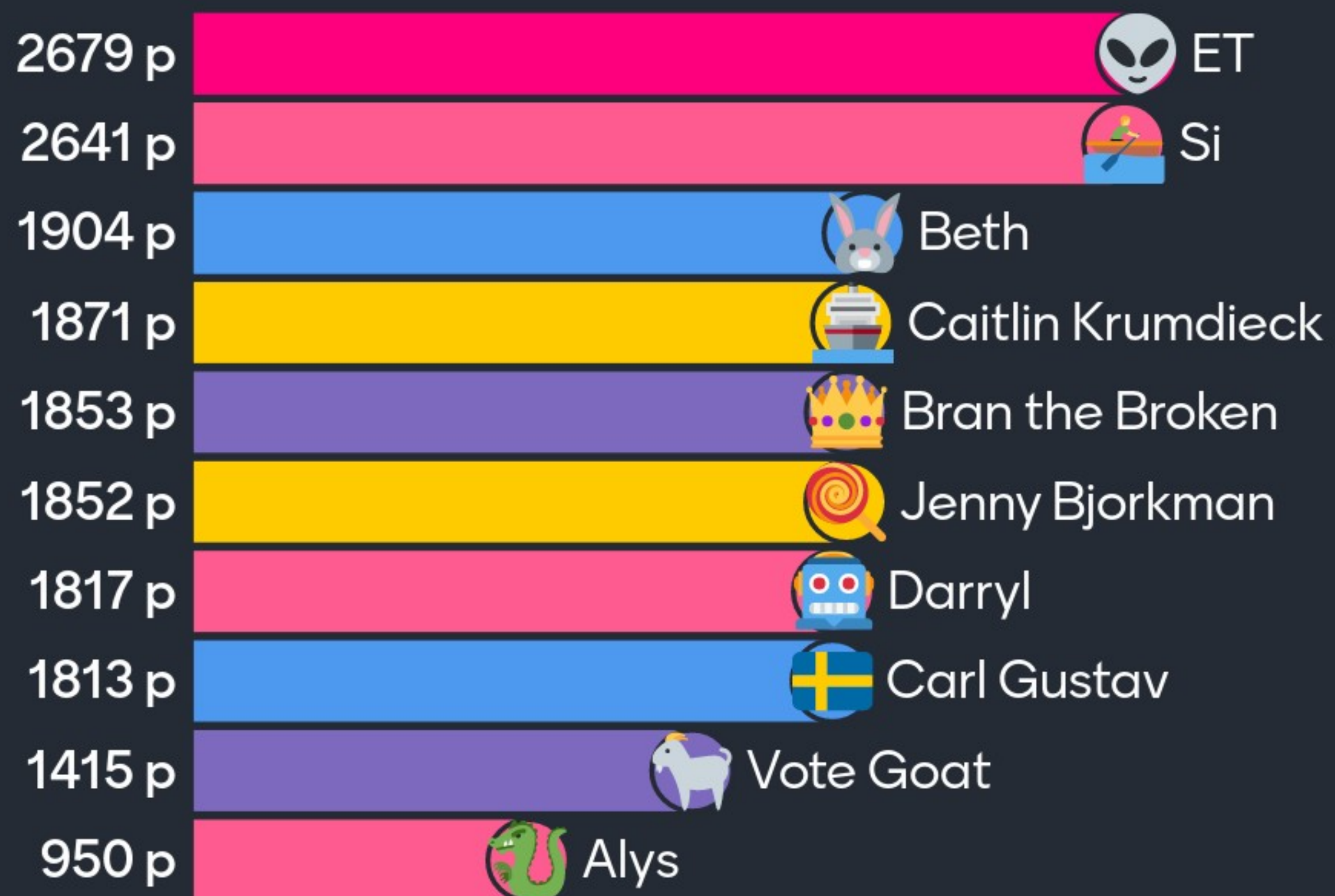
# Quiz leaderboard



# How much honey does a honey bee make in its lifetime?



# Quiz leaderboard







## A little bit about me...



**Mick Brian**

Head of Change & Transformation at CMC and an avid Beekeeper

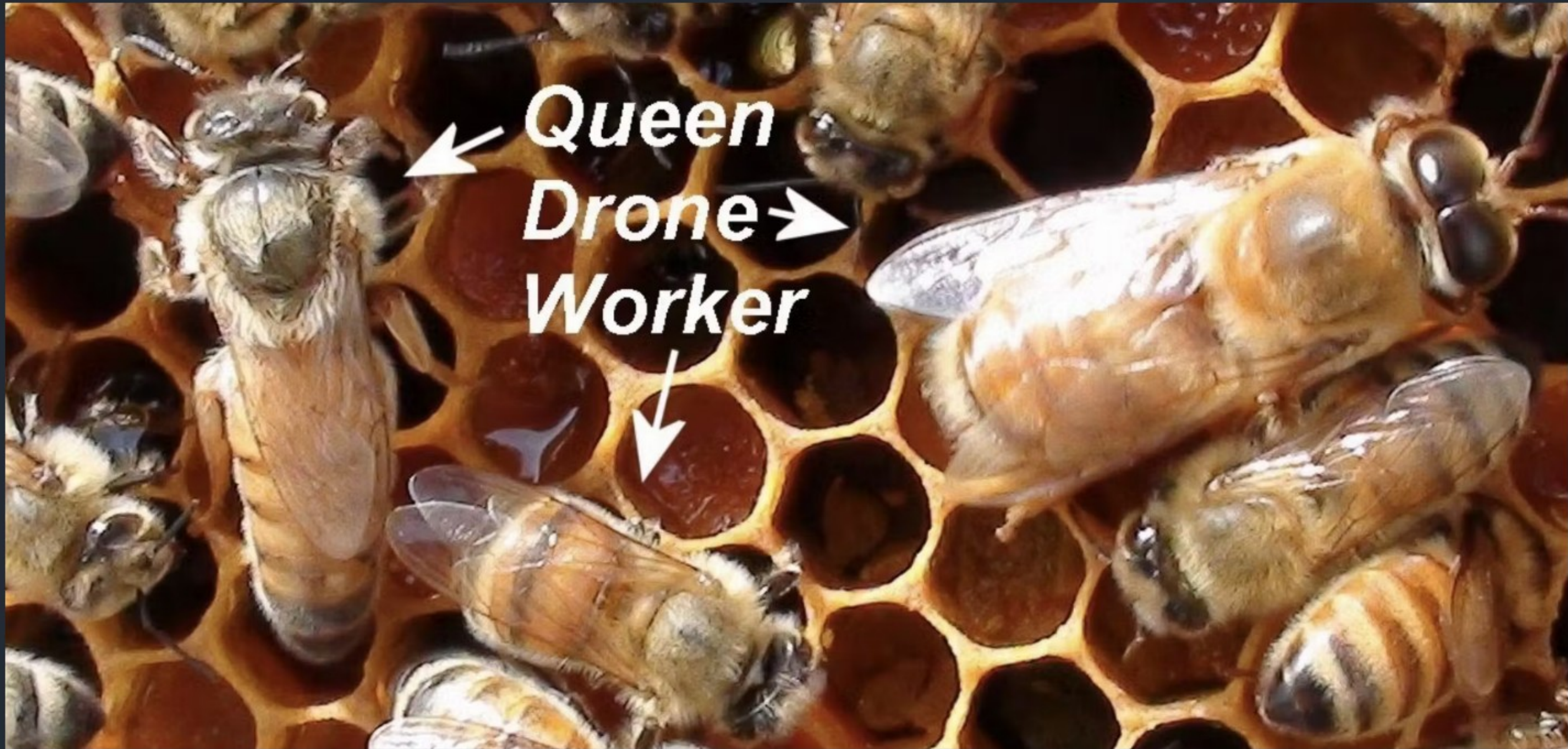


powered by Cofly



# Key Takeaways

1. Discover how the decision making and self-organised nature of bee colonies can inform your agile practice
2. Understand the principles of complex adaptive systems to drive innovation and agility within your organisation
3. Acquire a fresh outlook on how the natural world can shape our approach to agility.



Scaling  
Without

a

Religious  
Methodology

Dan North  
@tastapod

Katherine Kirk  
@kkirk



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# Gödel, Escher, Bach: an Eternal Golden Braid, also known as GEB, is a 1979 book by Douglas Hofstadter.

One point in the book presents an analogy about how individual neurons in the brain coordinate to create a unified sense of a coherent mind and compares that to the social organisation displayed in a colony of ants/bees.

GÖDEL, cmc

ESCHER,

BACH:

an Eternal Golden Braid

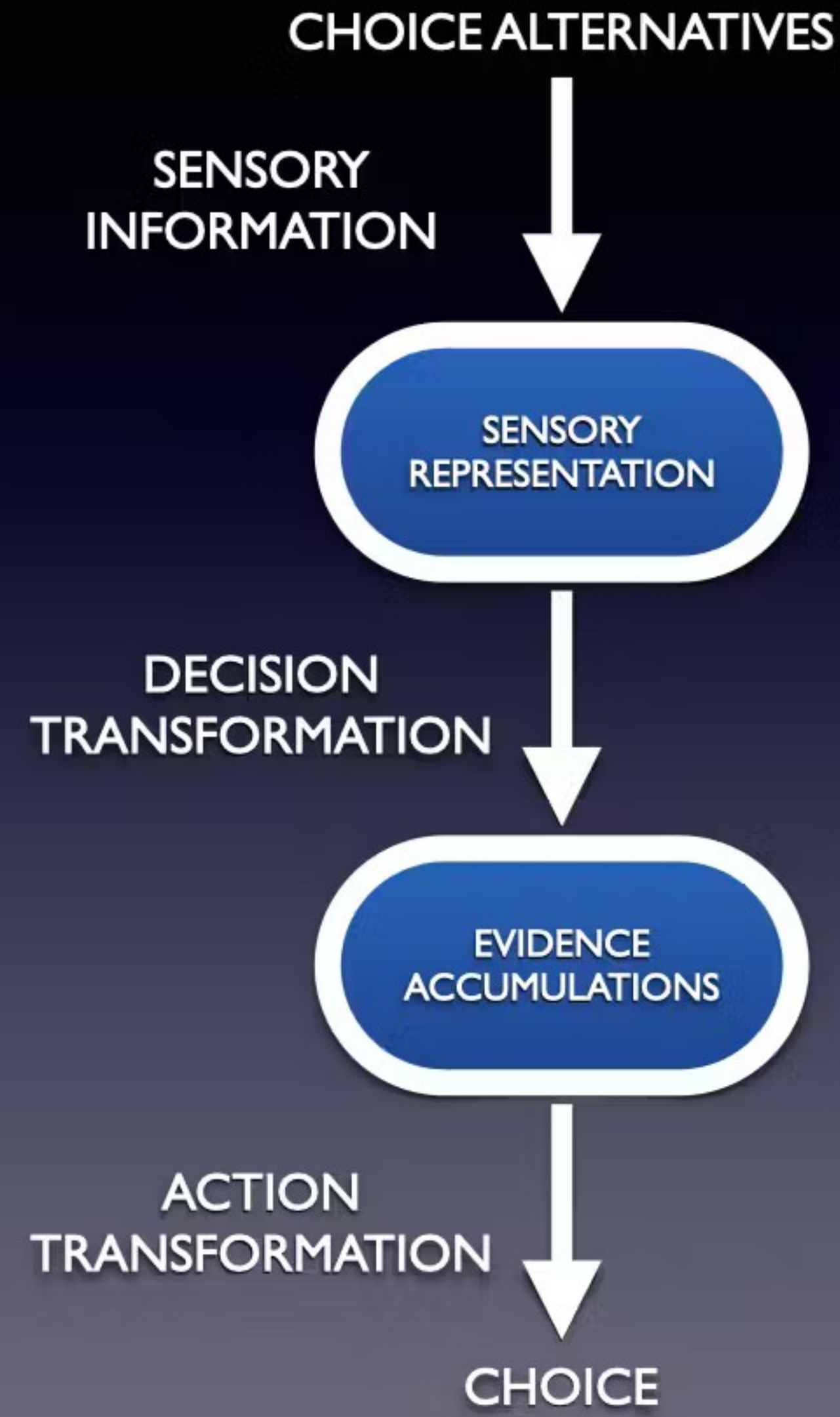


Douglas R. Hofstadter

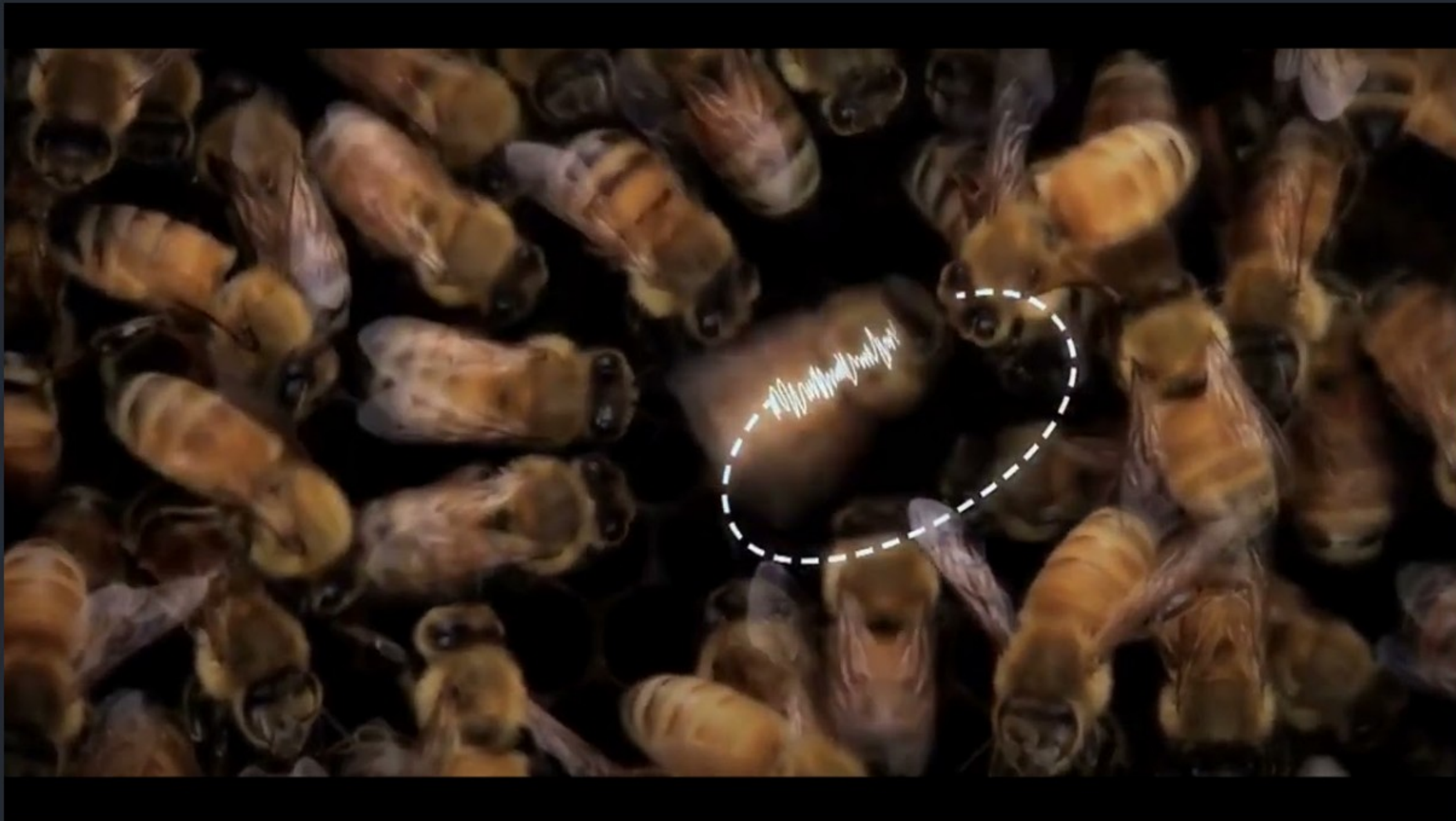
*A metaphorical fugue on minds and machines  
in the spirit of Lewis Carroll*

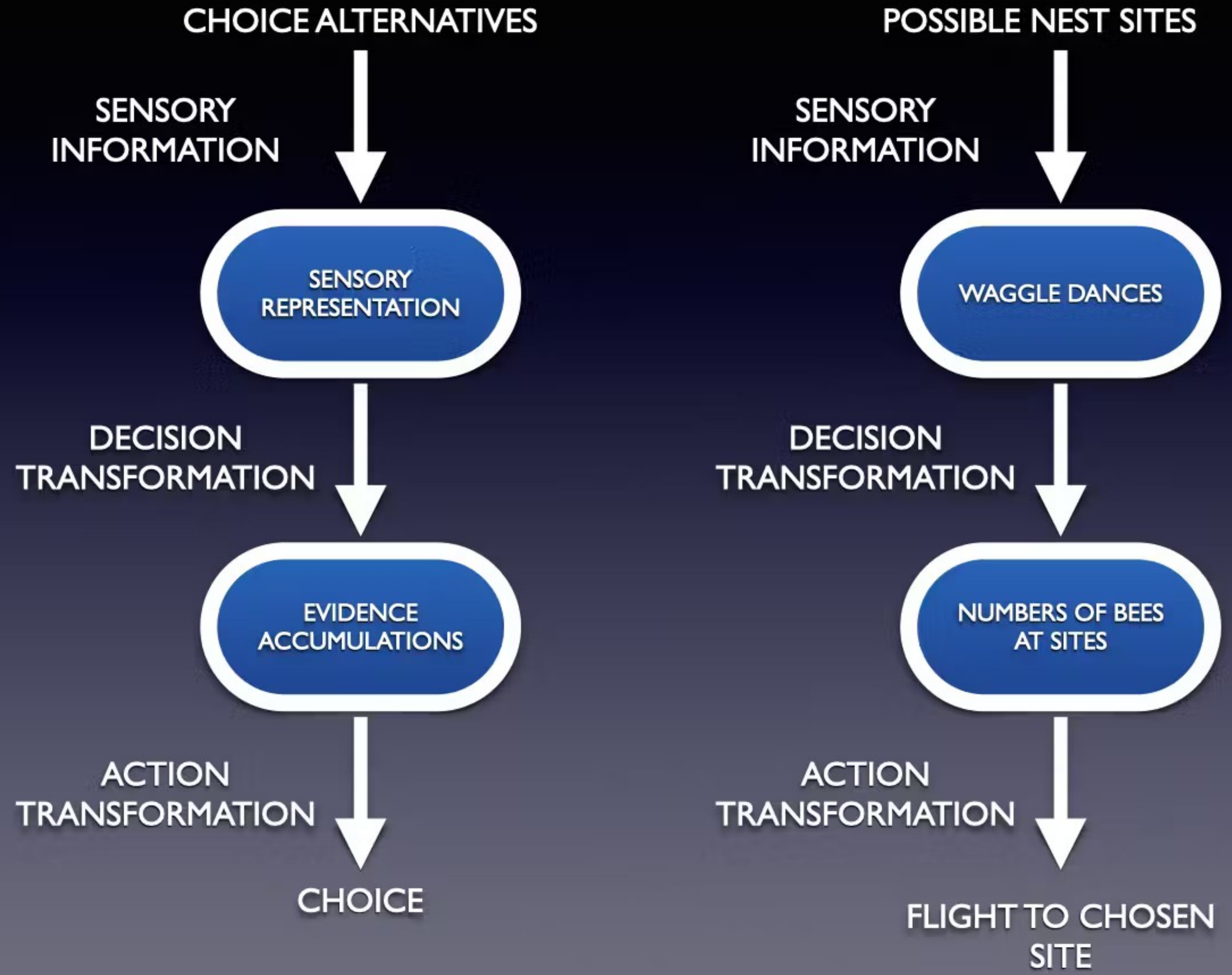


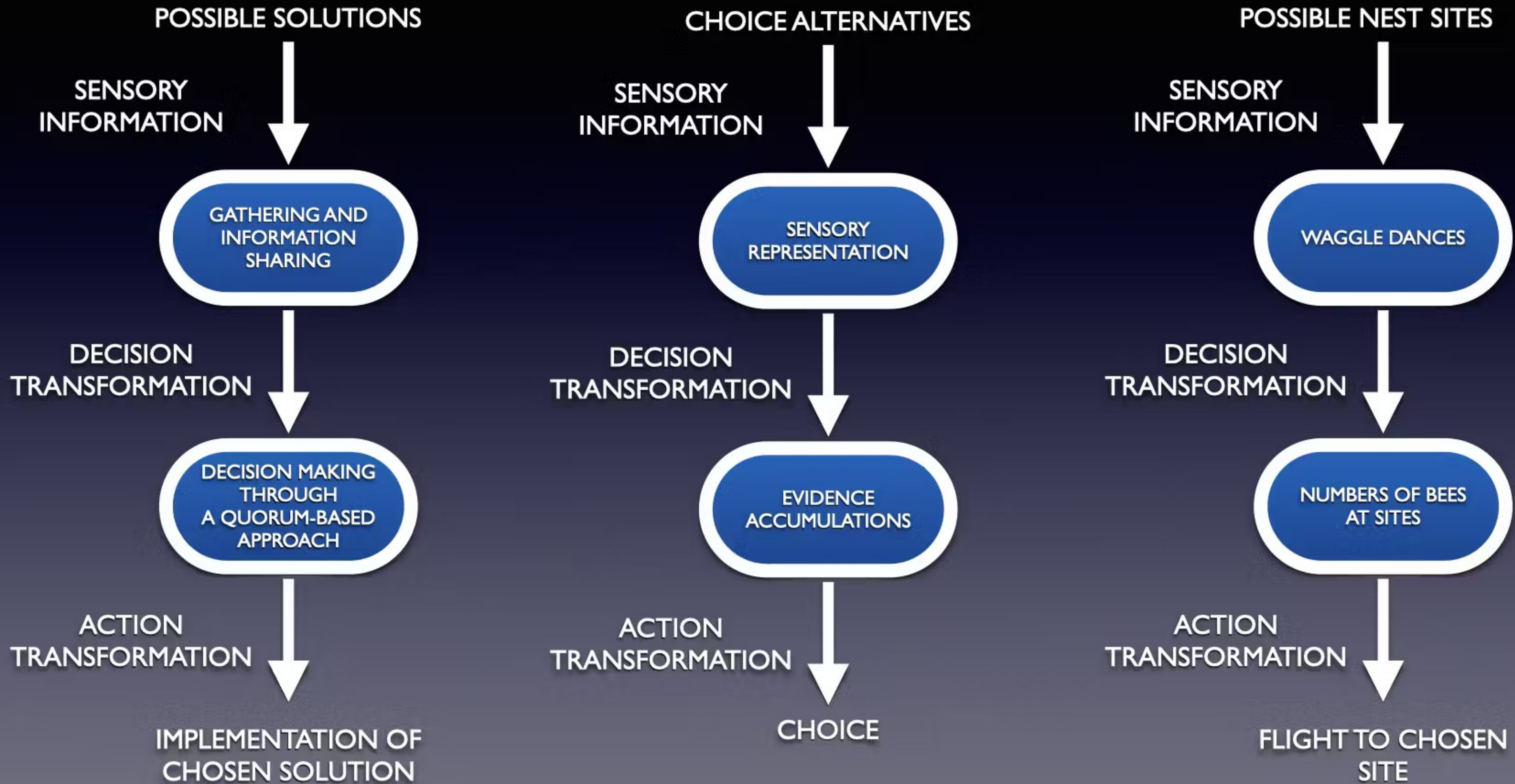












## Revised Decision Framework for Agile Teams (Quorum-Based Decision Making)

### I. Choice Alternatives (Sensory Transformation)

- Stage: Brainstorming and Initial Planning.
- Description: During sprint planning or initial project planning, the team identifies various possible solutions or features to work on.
- Activities: Brainstorming sessions, user story creation, backlog refinement.

## 2. Sensory Representation (Decision Transformation)

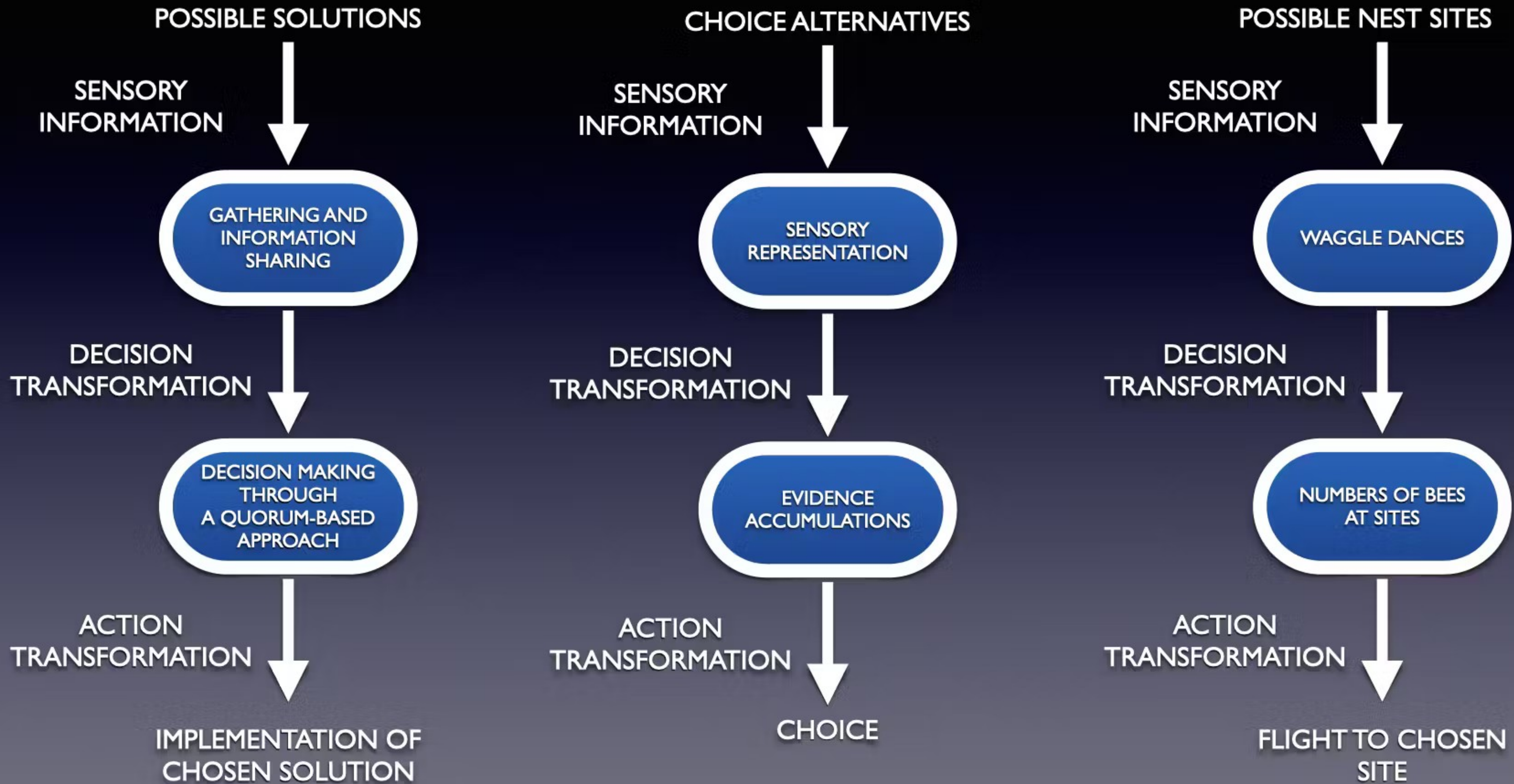
- **Stage:** Information Gathering.
- **Description:** The team gathers information on each potential solution or feature. This can include market research, customer feedback, feasibility studies, and technical assessments.
- **Activities:** Daily stand-ups, sprint reviews, backlog refinement, user feedback sessions.

### 3. Decision Transformation (Evidence Accumulation)

- Stage: Quorum-Based Decision Making.
- Description: The team uses the gathered information to assess and prioritise options. Instead of seeking full consensus, they establish a quorum threshold. Once a sufficient number of team members support a particular option, the decision is made. (e.g., 60% of the team supports it).
- Activities: Prioritisation meetings, voting sessions, estimation exercises, risk assessments.

#### 4. Action Transformation (Choice and Execution)

- Stage: Implementation.
- Description: Once the quorum is reached for a decision, the team moves forward with the implementation. They allocate tasks, set timelines, and begin the work according to Agile practices.
- Activities: Sprint execution, task assignments, continuous integration and delivery, retrospectives to assess progress and adapt as needed





# WHY A QUORUM BASED SYSTEM?

1. Definition: Minimum number of members needed to make a decision.
2. Decision Making: Valid if quorum is met and majority agree.
3. Efficiency: Allows decisions without full participation, quicker.

# CONSENSUS

1. Definition: Seeks agreement from all participants.
2. Decision Making: Made when all members support the decision.
3. Unity: Fosters inclusivity and strong commitment, slower.

## Key Differences:

- Level of Agreement: Quorum = Majority of quorum, Consensus = General agreement.
- Inclusivity: Quorum = Not all input needed, Consensus = All input included.
- Efficiency vs. Unity: Quorum = More efficient, Consensus = More unity.

PRODUCT OWNER

PRODUCT OWNER

cmc



# AGILITY IS COMPLEX

A Product Owner orders the work for a COMPLEX problem into a Product Backlog.





Dave Snowden - Cynefin Framework



**COMPLEX ADAPTIVE SYSTEM -**  
is a system  
in which individual components interact  
in non-linear ways,  
leading to emergent behaviours and  
the system's ability to adapt  
and evolve over time.

# COMPONENTS OF A COMPLEX ADAPTIVE SYSTEM

1. NON LINEAR
2. EMERGENT
3. SELF ORGANISE
4. ADAPATIVE
5. FEEDBACK

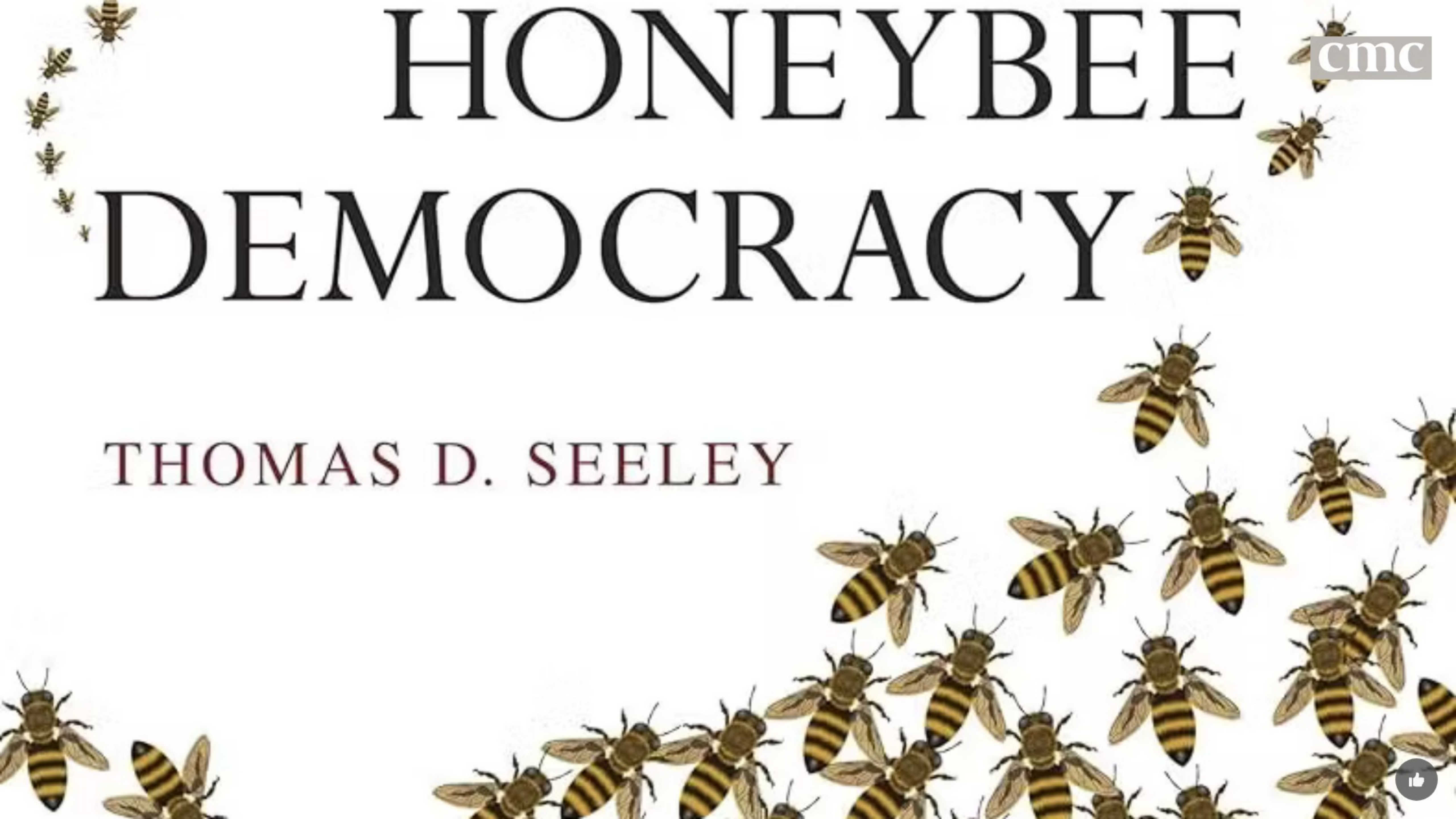
COMPLEX  
ADAPTIVE  
SYSTEMS



# HONEYBEE DEMOCRACY

THOMAS D. SEELEY

cmc





**COMPOSE THE  
DECISION MAKING  
GROUP OF INDIVIDUALS  
WITH SHARED INTEREST  
AND MUTUAL RESPECT**

MINIMISE THE  
LEADERS  
INFLUENCE ON THE  
GROUPS THINKING

SEEK DIVERSE  
SOLUTIONS TO  
THE PROBLEM

AGGREGATE THE  
GROUPS  
KNOWLEDGE  
THROUGH DEBATE

USE QUORUM FOR  
COHESION,  
ACCURACY AND  
SPEED

80%

EXPLOITATION

20%

EXPLORATION





We help organizations manage uncertainty.

## Overview

The Flow System represents the first comprehensive approach for managing in complex adaptive systems.

The Flow System was designed to help address complex business problems and to provide an alternative to large transformational change initiatives that often fail in Fortune 500 organizations.



Learning & Development.



Triple Helix Methodology.



Hexi Tool.



Essence Standard.

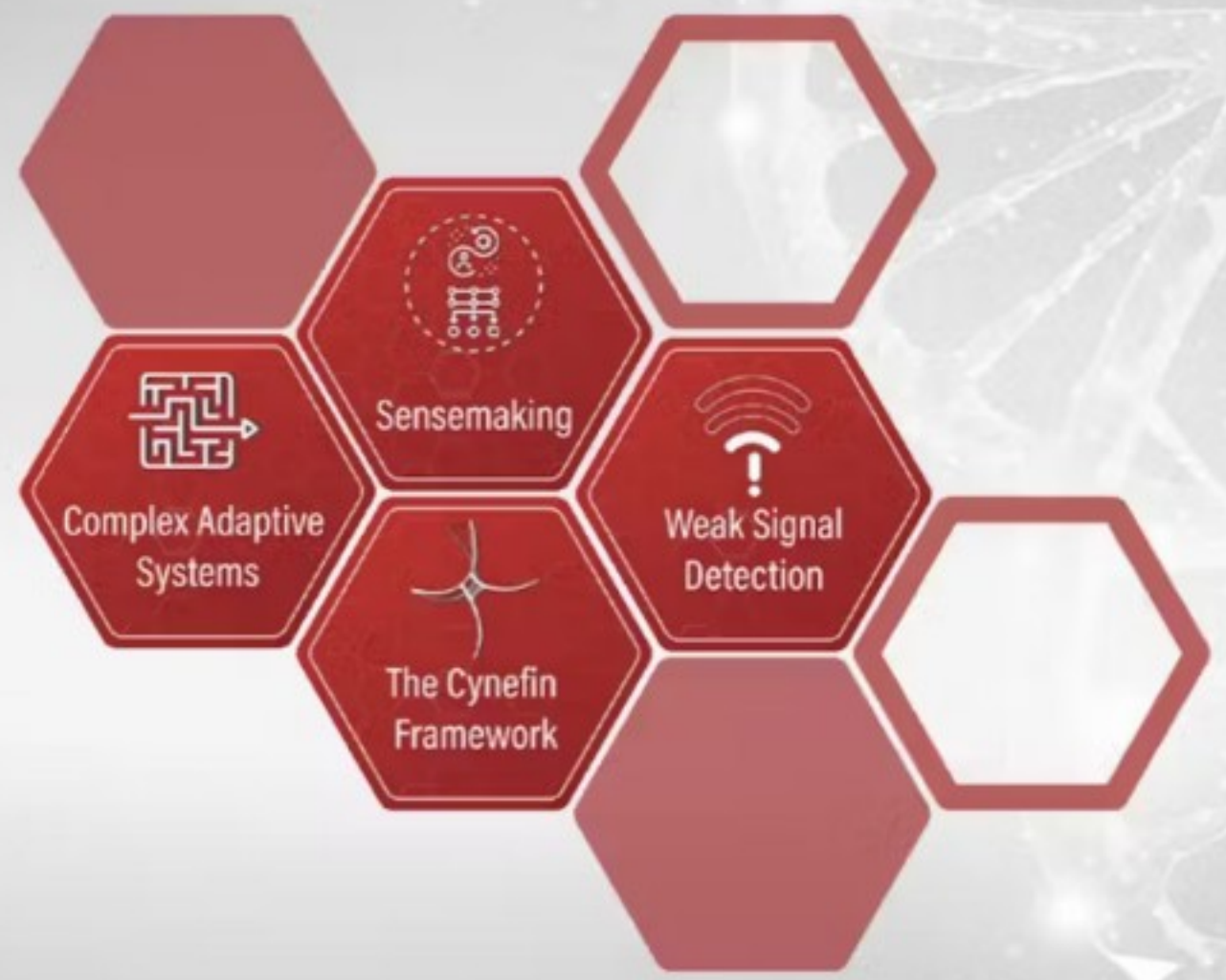


Essence Workbench.

Nigel Thurlow, John Turner, Brian Rivera - Flow system







## Complexity Thinking

Understanding uncertainty and complex adaptive systems.

- Complex Adaptive Systems Sensemaking
- The Cynefin Framework
- Weak Signal Detection
- Network Analysis
- Storytelling & Narratives
- Empirical Process Control
- Constraint Management
- Prototypes
- OODA Loop
- Scrum The Toyota Way

## Distributed Leadership

The behavior patterns of those who lead people and teams.

- Psychological Safety
- Active Listening
- Leader's Intent
- Shared Mental Models
- Wardley Maps
- Decision Making
- Bias Towards Action
- Collaboration
- Coaching/Mentoring
- Complex Facilitation
- Organizational Design





## Team Science

The science of teams, their interdependencies and interactions.

- Teamwork Training
- Human Centered Design
- Team Design
- Goal Identification
- Situational Awareness
- Developing Cognitions
- Influencing Conditions
- Team Learning
- Team Effectiveness
- Red Teaming
- Multiteam Systems



# The JIM RUTT Show

The Jim Rutt Show



## NO WAY OUT

Hosted by Mark McGrath & Brian 'Ponch' Rivera



Confidence in  
Complexity



AGLX



# SUMMARY

1. Discovered how the decision making and self-organised nature of bee colonies can inform your agile practice
2. Better understanding the principles of complex adaptive systems to drive innovation and agility within your organisation
3. Acquired a fresh outlook on how the natural world can shape our approach to agility.

# TAKE RISKS



One third of honey in international trade is adulterated or 100% fake



How is this possible and what are the consequences?

## In new findings in the UK, once again not one was compliant



Samples (13) ->		Unit	Values Typical for Honey	(1) The Coop clear Honey	(2) ASDA Set pure Honey	(3) Rowse Honey	(4) ALDI Grandessa Honey Squeazy Clear	(5) Morrisons Pure clear	(6) Tesco Set Honey	(7) Tesco clear honey	(8) LIDL Highgate Fyne clear Honey	(9) Essential Waitrose pure clear Honey	(10) Sainsbury's clear honey	(11) Poundland Clear Blossom Honey	(12) M&S Food Pure Honey	(13) M&S Food Pure set Honey
Broad Spectrum	Analysis															
	HMF	mg/kg	max 80	37.9	21.4	25.6	32.0	26.6	15.1	37.2	26.6	20.8	25.6	13.8	16.0	15.9
Biological Properties	Dialtase	DZ	min 8	3	3.6	3.2	1.4	5	6	6	3.1	10	4.4	1.5	5.7	5.3
	Moisture	%	max 20.0%	18.4	18.2	18.7	18.7	18.5	18	18.6	18.5	18.5	18.6	18.7	17.7	17.8
Composition of Honey and Physical Characteristics																
Bee Activity Markers	Proline	mg/kg	min 180	n.d.	221	n.d.	434	177	346	n.d.	n.d.	195	190	n.d.	416	n.d.
Generic Fraud Markers	AOAC 998.12 C4 Sugars (SCIRA & ISCIRA)	Ppt/10g	negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative	Negative
	% C4 sugar	<7%	0	0	0	0	0	0	0	0	0	0	0	0	0	0
	Palcosne	%	0%	0.35%	0.14%	0.05%	0.21%	0.00%	0.29%	0.06%	0.30%	0.00%	0.05%	0.30%	0.44%	0.44%
Nuclear Magnetic Resonance	HMRS Screening	Positive/Negative	negative	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Negative	Positive	Positive	Positive	Positive
	foreign sugars NMR	Positive/Negative	negative	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive	Positive
	multivariate verification	Out of model/In Model	In model	out of model	Out of model	In model	Out of model	Out of model	out of model	Out of model	Out of model	In model	In model	Out of model	Out of model	In model
Targeted Fraud Markers	univariate verification	Out of model/In Model	In model	In model	In model	In model	In model	In model	In model	In model	In model	In model	In model	In Model	In model	In model
	1550	Positive/Negative	n.d.	Negative	Positive	Negative	Negative	Positive	Positive	Positive	Negative	Negative	Positive	Negative	Negative	Negative
	Honey Foreign $\alpha$ -amylase	Positive/Negative	n.d.	Negative	Positive	Positive	Negative	Positive	Positive	Positive	Positive	positive	Positive	Negative	Positive	Positive
	$\beta$ -fructofuranosidase	Positive/Negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative
	gamma-Amylase	Positive/Negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative
	Honey Foreign Oligosaccharides	Positive/Negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative
	beta-Amylase	Positive/Negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative	negative
	thermostable amylases	DZ	no detected (n.d.)	n.d	n.d	n.d	n.d.	n.d	n.d	n.d	n.d	n.d	n.d	n.d	n.d	n.d
	Glycerol	mg/kg	max 300	826	438	322	348	317	440	524	725	235	379	452	726	253

### Second sampling in the UK<sup>7</sup>

Our first sampling<sup>6</sup> –where no sample was compliant either– was carried out in 2018. This time we bought thirteen honey jars: one in Coop, Aldi, Morrisons, Lidl, Waitrose, Poundland, Sainsbury's and two in M&S, Asda and Tesco. The purchase criteria was low prices.

Purchases were made in early March 2020 in Bristol, Surrey and Brighton & Hove, and dispatched to FoodQS –a full accredited laboratory in Langenzenn, Germany. Analysis results were delivered 13th of July with following conclusion: all samples are product of this huge and harmful honey fraud.

All samples were fake honey



## IT'S NOT HONEY

### DANGEROUS

Almost all honey tested was found to be adulterated with sugar syrup

### DELIBERATE

Chinese companies have designed sugar syrup that can bypass standard tests

### DEVASTATING

Our health and livelihood of beekeepers are at risk

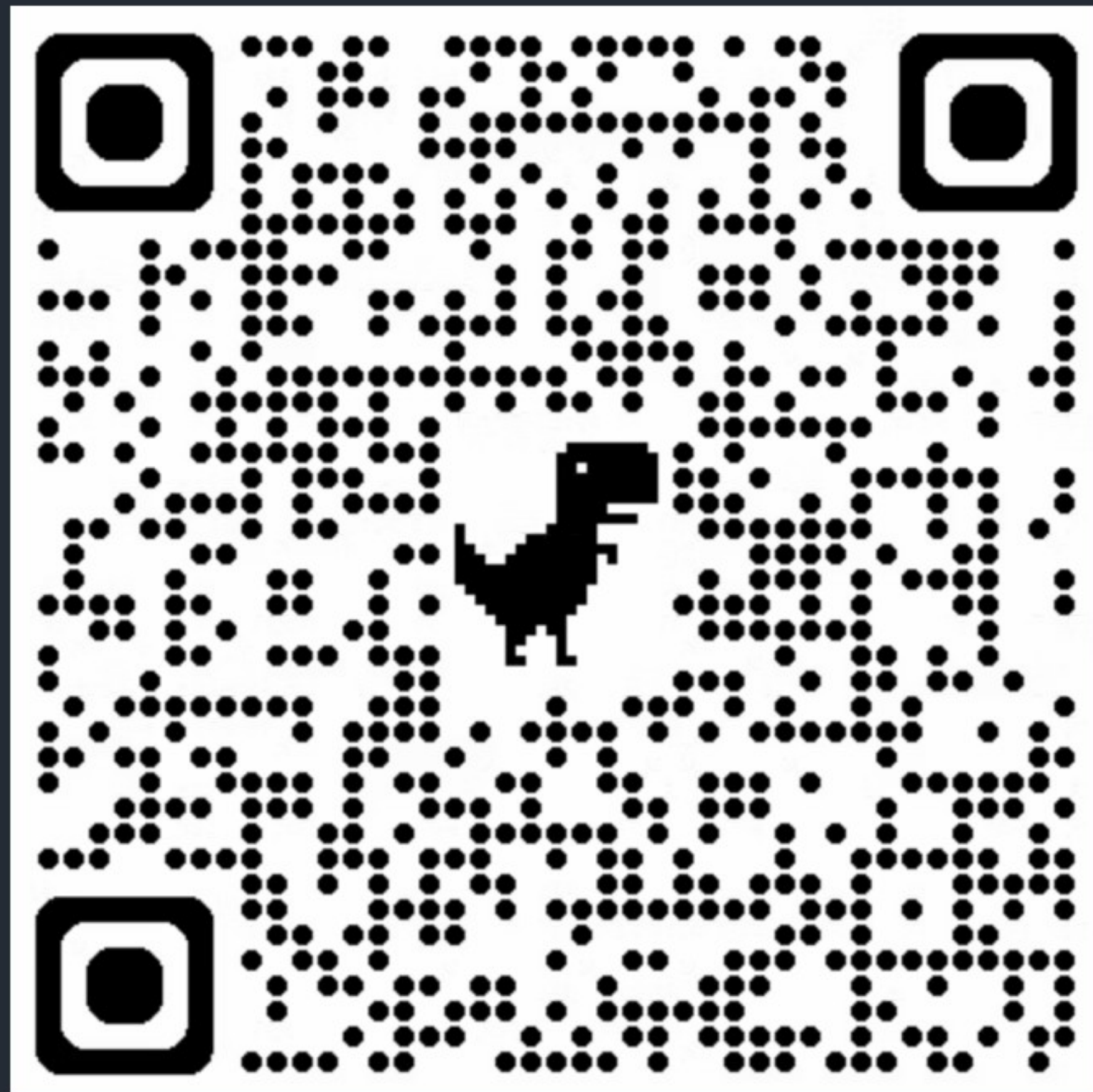




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Please provide Feedback





**Mick Brian**

Passionate about how change really happens, complexity a...

